How to put on, use, take off and launder your mask

» Before putting on a mask, **clean hands with alcohol-based hand rub or soap and water**

» Cover mouth and nose with mask and **make sure there are no gaps between your face and the mask**

» **Avoid touching the mask while using it;** if you do, clean your hands with alcohol-based hand rub or soap and water

» To remove the mask: **remove it from behind** (do not touch the front of the mask); **clean hands** with alcohol-based hand rub or soap and water

» Launder the mask after each use by **washing with detergent** on the **warmest setting possible** and allow to dry completely before the next use

» Please wear this mask to each appointment

844.988.7800

Call our **COVID-19 hotline**
if you have fever, cough, or concerns about exposure

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