

## COVID-19

# Face Covering Do's & Don'ts

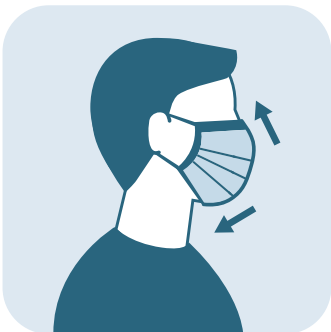


### Do

- » Make sure you can breathe through it
- » Wear it whenever going out in public
- » Make sure it covers your nose and mouth

### Don't

- » Use on children under age 2
- » Wear if you have trouble breathing
- » Touch while wearing without properly cleaning your hands



## How to Wear a Face Covering

### Face coverings should:

- » fit snugly but comfortably against the side of the face
- » be secured with ties or ear loops
- » allow for breathing without restriction
- » keep clean